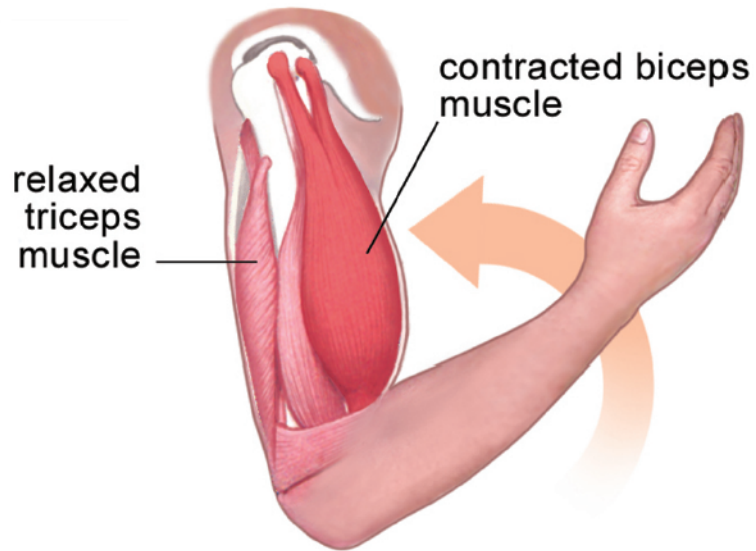


Biceps and Triceps

When the arm is bent



A straightened arm

