





Action Reaction Guidelines

Guidelines for Action-Reaction Forces	Examples
Both are always there whenever any force appears.	Your foot pushes (action) and the ground pushes back (reaction). 
They always have the exact same strength.	The force arrows are the same length. 
They always act in opposite directions.	The force arrows point in opposite directions. 
They always act on different objects.	Your foot and the ground. 
Both are real forces and can cause changes in motion.	You move forward on your skateboard. 