

Decibel Levels

0 dB	Threshold of human hearing; quietest sound we can hear
10–15 dB	A quiet whisper 1 meter away
30–40 dB	Background sound level in a house
45–55 dB	The noise level in an average restaurant
65 dB	Ordinary conversation 1 meter away
70 dB	City traffic
90 dB	A jackhammer cutting up the street 3 meters away
100 dB	MP3 player turned to its maximum volume
110 dB	The front row of a rock concert
120 dB	The threshold of physical pain from loudness

